

Analysis of the Individual Player



Workshop / discussion / practical

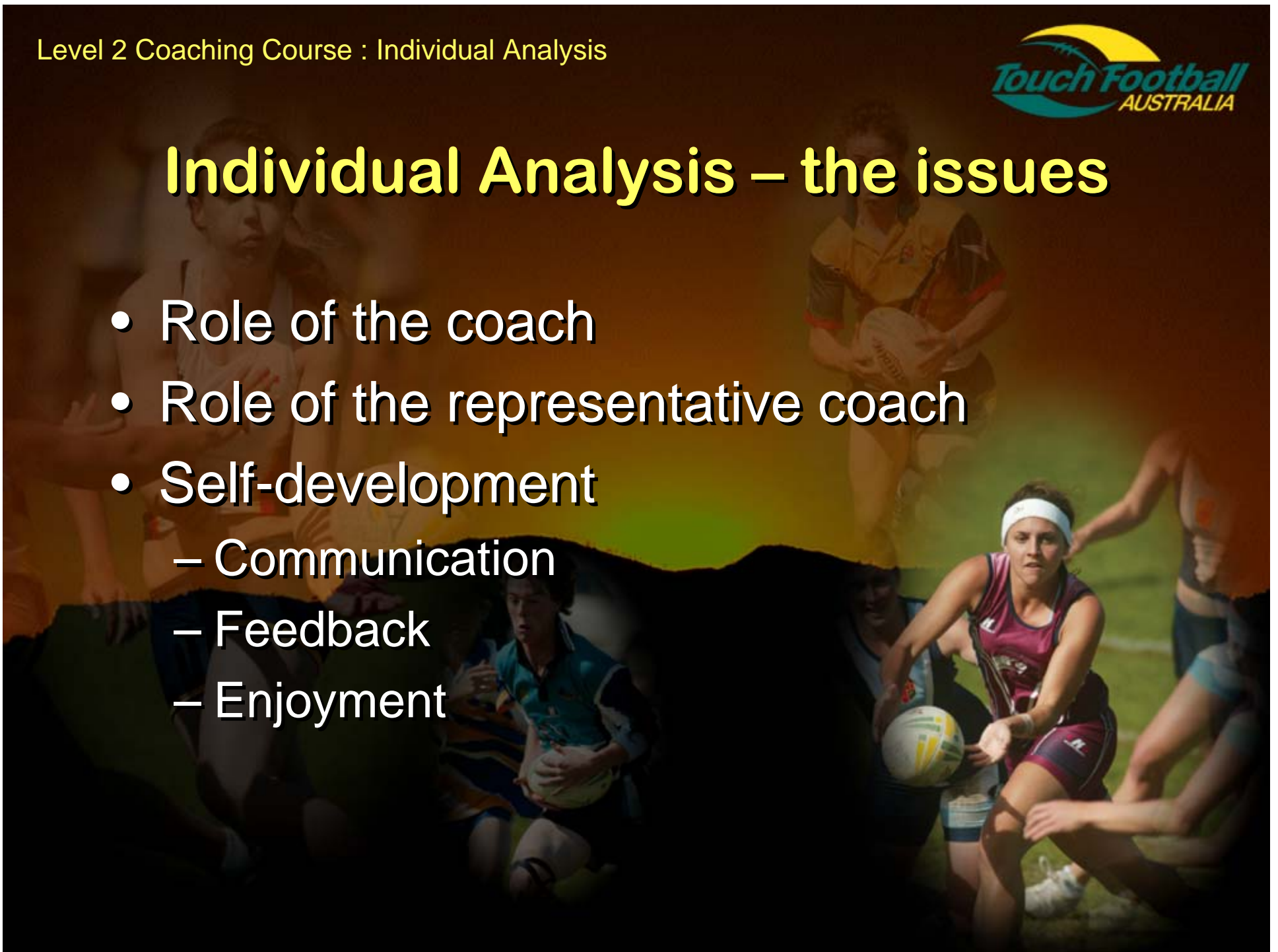
Unit Overview: Topics

- Overview - issues
- Player learning styles
- Own / opposition player skill analysis
- Delivering effective feedback
- Inwards reflection (coaching style)
- Non-physical elements

Duration: Approx 2 hours

Individual Analysis – the issues

- Role of the coach
- Role of the representative coach
- Self-development
 - Communication
 - Feedback
 - Enjoyment



Player learning styles

- Visual – 83%
- Aural – 9%
- Other senses – remainder
- Learning physical skill ?
- Motivation – issues
- What attributes make a good player ?

Game attributes: players

- Attacking skills – basic
- Defending skills – basic
- Advanced skills
- Other non-physical skills
- Timing of analysis

Take a short break!

Developing player skills

- Observation (knowledge)
- Analysis (knowledge)
- Feedback (knowledge)
- Support (style)
- Other issues ?



It's more than physical . . .

- Ability to learn
- Ability to accept / apply instructions
- Ability to accept / apply feedback
- Team dynamics & individuals
- Decision-making
- Personalities
- Other

Resources and technology to assist . . .

. . . player development
through individual analysis

Reflection: coaching styles



Questions ?

