

TFA Level 2 Coaching Course Workshop

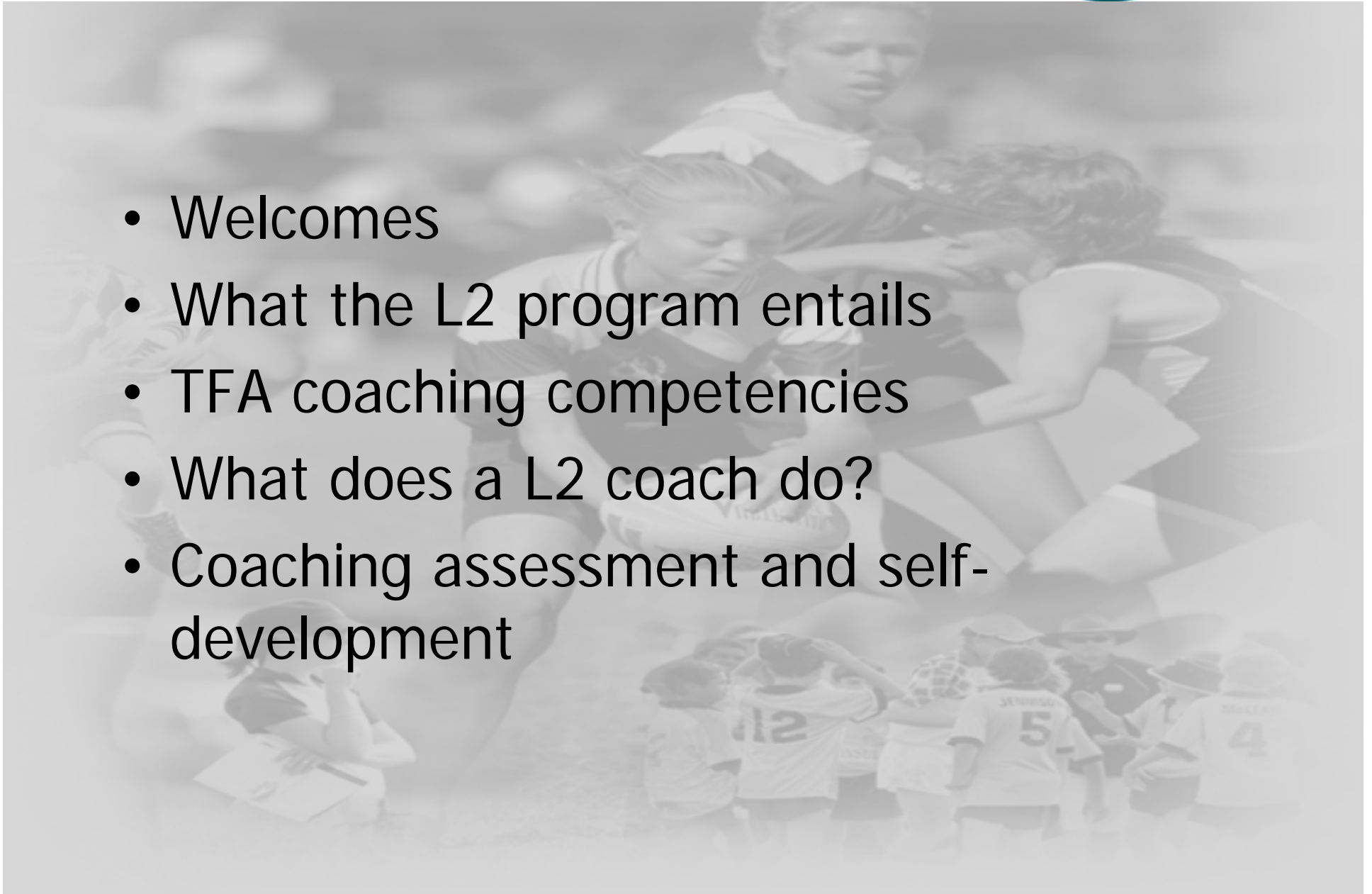
Cavendish Road High School
13-15 February 2009



Introduction



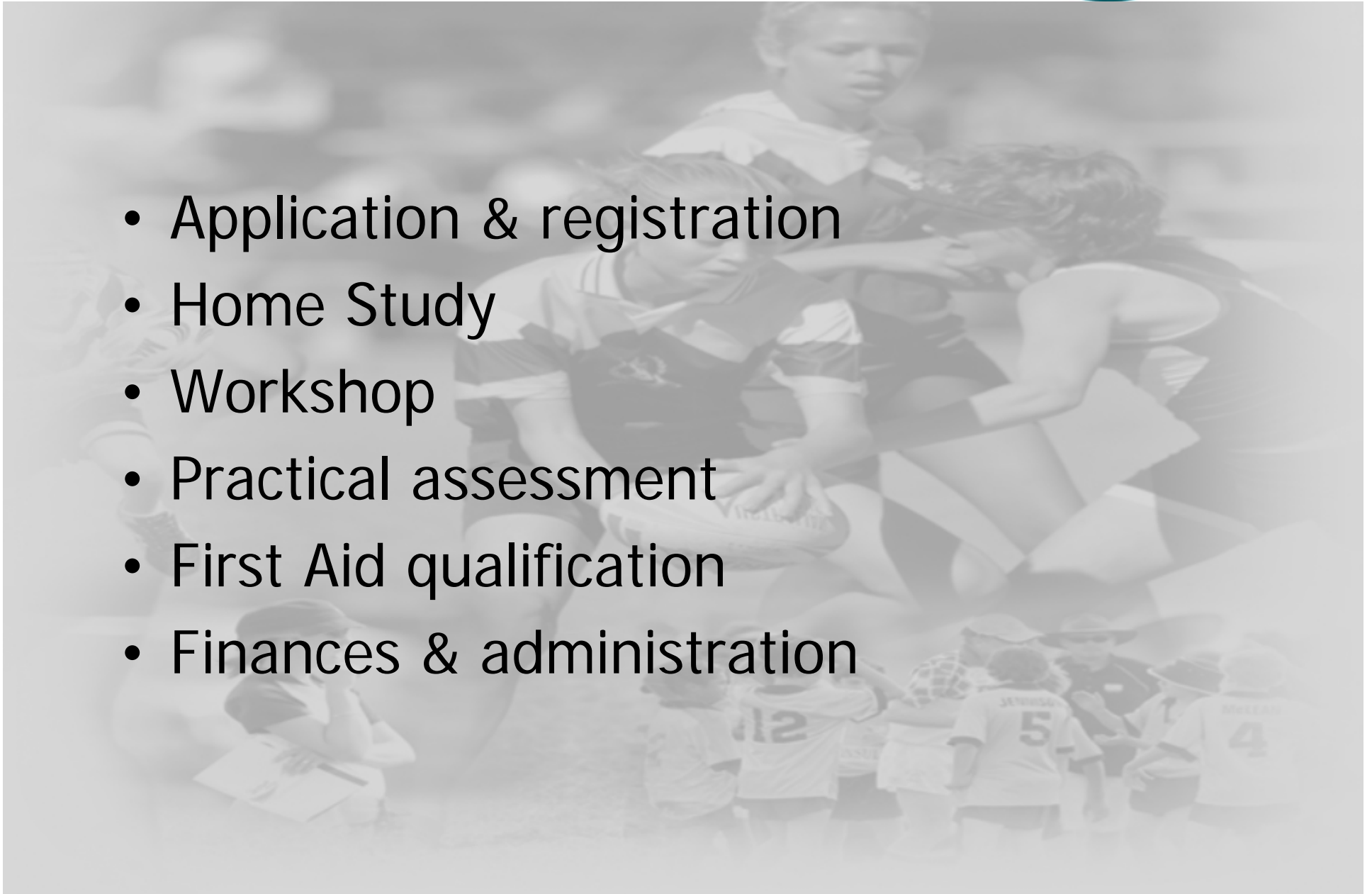
- Welcomes
- What the L2 program entails
- TFA coaching competencies
- What does a L2 coach do?
- Coaching assessment and self-development



L2 program elements



- Application & registration
- Home Study
- Workshop
- Practical assessment
- First Aid qualification
- Finances & administration



What a L2 coach does?



- Consider and discuss
- List five “key” elements
- Prioritise in order of “importance”



TFA coaching competencies



- The main competencies
- Standards



Self-development



- Practical
- Research and updating
- Peer observations
- Recording
- Ongoing



Planning . . . What is it?



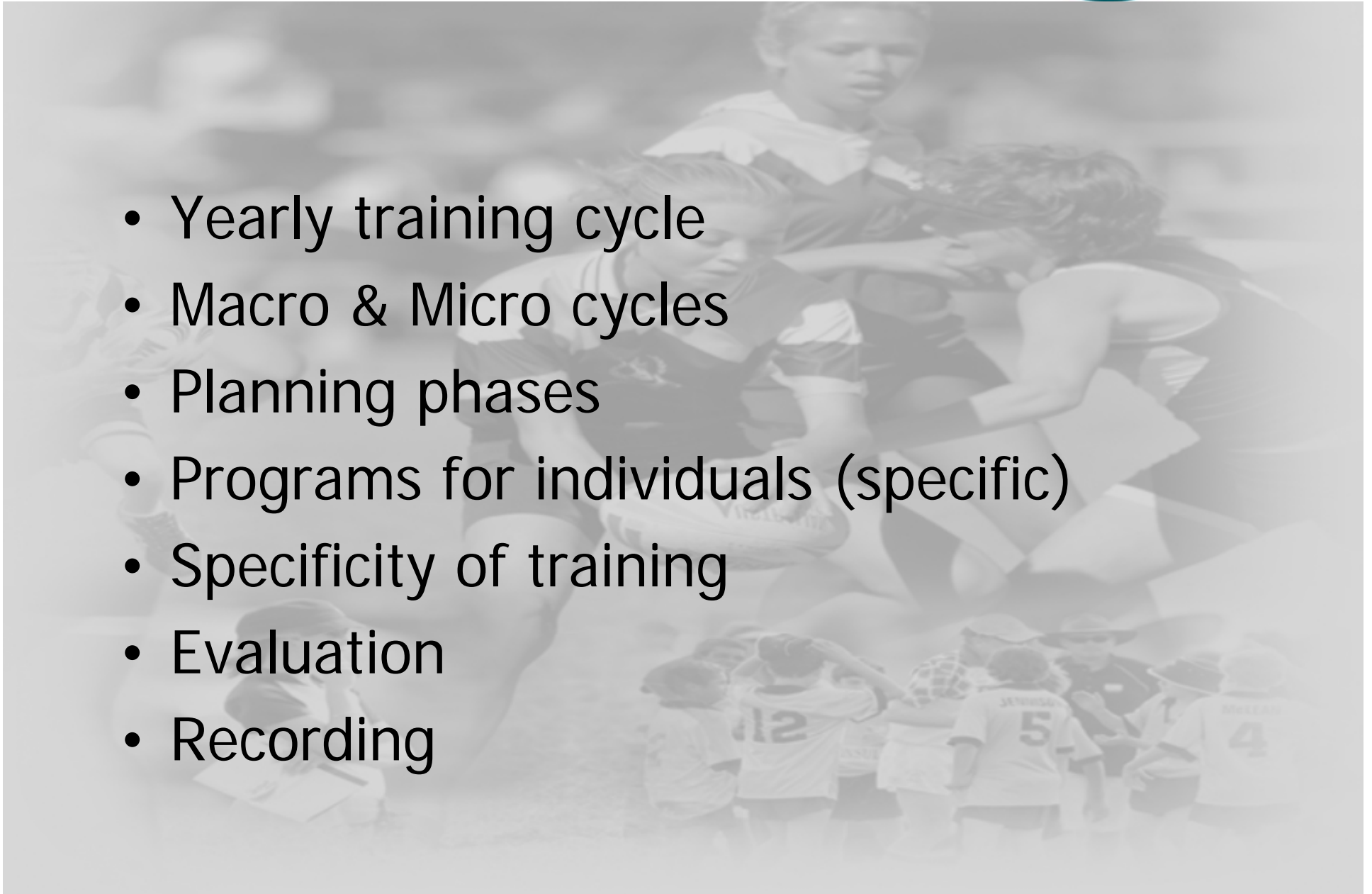
- Why plan?
- Elements that need planning?



Review planning info . . .



- Yearly training cycle
- Macro & Micro cycles
- Planning phases
- Programs for individuals (specific)
- Specificity of training
- Evaluation
- Recording



Questions



?

