

Team Analysis



Workshop / discussion / practical



Unit Overview: Topics

- *Review team dynamics*
- *Team attacking skills*
- *Team defensive skills*
- *Effective team feedback*
- *The coach and the team – reflection*
- *Resources and technology*
- *Practical game analysis (us & them)*

Duration: Approx 3 hours

Team Dynamics

- *Overview*
- *“Clicks” or sub-groups*
- *Leaders and followers*
- *Ways to develop camaraderie*
 - *Ownership & success*
- *Opposition dynamics*
- *Learning styles*



Team Attacking Skills

- *Principles of attack*
- *Tactics in attack*
- *Training for & applying skills*
- *Examples*



Team Defending Skills

- *Principles of defence*
- *Tactics in defence - proactive*
- *Training for & applying skills*
- *Examples*



Effective Team Feedback

- *Definition and limitations*
- *How and when and why*



Coach and Team

- *Your role and your position*
- *Your motivation and aims*
- *“Leading horses to water”*
- *Assistants & staff*



Resources & Technology

- *Planning*
- *Recording*
- *Statistics*
- *Devices – video, photo, GPS, comms devices, etc*
- *Roles and responsibilities*
- *Practical application*

Practical Game Analysis

- *Benefits and use*
- *Us and them*
- *Examples*



Finally, about style . . .

- *Robots v thinkers*
- *Game sense*
- *Role and attitude*



Questions ?

